The world’s population is aging dramatically, and in most countries the cost of care is rising rapidly. We need a system which helps to minimize the onset of chronic conditions which are costly to treat and diminish quality of life, rather than one primarily directed towards the care of the sick. Innovative use of new technologies may be the only way to provide care affordably in future, and to scale that care to far greater numbers as our societies adapt to change. Ambient Assisted Living (AAL) can provide a solution. More integration between the health system and life at home and work will benefit everybody, providing better, more holistic lifelong care at lower cost. The Handbook of Ambient Assisted Living pushes the boundaries, and will inspire other researchers to continue their exploration of technologies to improve lives.
Handbook of Ambient Assisted Living Technology for Healthcare, Rehabilitation and Well-being

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